North Austin Chapter 2700 P.O. Box 201898 https://www.AARPChapter2700.com

July - Aug 2024

Volume 14 Issue 3

Latest news and bulletin updates

Published by: Charline Tate

President Corner



Dear Members,

Attention, members of AARP Chapter 2700!

Our annual elections are scheduled to be held in November, as mandated by our chapter bylaws. However, we still don't have a full slate of nominees.

If you or someone you know is interested in running for a position, please reach out to Marie Acosta (<u>cielitolindo1954@msn.com</u>) as soon as possible. While we will accept nominations from the floor, it's important to have a full or nearly full slate by October.

Let's avoid the last-minute scramble this year—it's too stressful for us old folks! Your participation is crucial to the continued success of our chapter. Don't wait—step up and help lead our chapter into the future!

As a side Note:

As we move through the summer, it is a perfect time to focus on our health and well-being. If you are considering a diet as part of your health plan, you might find meal planning helpful. Remember, a balanced diet is crucial for maintaining a healthy lifestyle.

In addition to healthy eating, staying active and hydrated is essential. Regular physical activity, such as daily walks, stretching, or light exercises, helps maintain mobility, strength, and overall health. Keeping your body moving is key to staying fit and healthy.

Hydration is equally important. Drinking plenty of water throughout the day helps your body function properly, supports digestion, and regulates body temperature. Aim to drink at least eight glasses of water daily, or more if you are physically active or in a hot climate.

To assist you with your health goals, a diet log has been attached to this newsletter. This form can be printed or saved from the link provided to use as a fillable form, helping you plan and track your meals and calorie intake. Remember, along with a balanced diet, staying active and hydrated is vital for maintaining your health.

Legislative Chair: Enedelia Obregón



Important Deadlines for Voting on November 5

As the November 5 election approaches, there are critical deadlines and requirements you need to be aware of to ensure your voice is heard at the polls. Here is a rundown of what you need to know:

~ Register to Vote by October 7

The deadline to register to vote is October 7. It is essential to complete your registration on time, as late registrations will not be accepted. Keep in mind that you cannot register to vote online. While you can fill out the registration form online, simply clicking "submit" does not complete the process.

~ How to Register

To register, you must download the voter registration form or pick one up from a local library. After filling out the form, you need to send it in via postal mail. Make sure it is postmarked on or before October 7. If it is postmarked after this date, you will not be eligible to vote in the upcoming election.

Moved Recently? Re-register to Vote

If you have moved since the last election, even if it is just from one apartment to another in the same building or across the street, you are required to re-register to vote. Moving, no matter how small distance, invalidates your previous registration, so be sure to complete the process anew.

On't Miss Out on Your Right to Vote

Voting is a vital part of participating in our democracy. By ensuring you are registered by October 7, you will be ready to cast your ballot on November 5. Act now to avoid any last-minute issues and encourage others to do the same.

For more information on voter registration or to download the form, visit <u>Travis County Election Office</u> or head to your nearest library. Remember, every vote counts, and yours could make all the difference this November.

MEETING TIME & LOCATION

Meetings Held on 3rd Tuesday of each month

Time: 1:00 PM

Location:

Westover Hills Church of Christ Physical Address: 8332 Mesa Drive

8332 Mesa Drive Austin, Texas 78759



MEETING INFORMATION

- All vehicles are required to display a parking permit.
- Parking permits can be obtained at the welcome desk inside.
 - We will have a potluck—please feel free to bring and share your favorite dish! Membership dues can be paid during the meeting.

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Treasurer, Leslie Ashton

Leslie Ashton: A Lifetime of Dedication to Auditing, Family, and Community



Leslie Ashton's career is a testament to dedication and resilience. She began her journey in the auditing and accounting fields within the mobile home industry in Tallahassee, Florida. Her sharp analytical skills and commitment to precision quickly set her apart in a demanding industry. Seeking new challenges and opportunities, Leslie later moved to Minnesota, where she brought her talents to the University of Minnesota. Her work there further honed her expertise, preparing her for the pivotal role she would eventually undertake in Texas.

For over 30 years, Leslie served at the Texas State Auditor's Office. Her tenure there was marked by a steadfast commitment to ensuring accountability and transparency in state operations.

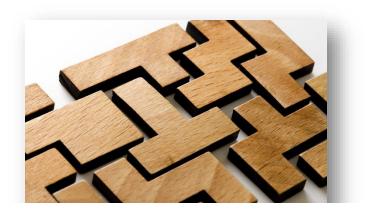
But Leslie's life is not solely defined by her professional achievements. She is also a devoted mother and grandmother, with two daughters and two grandchildren who bring her immense joy. Despite her busy career, she was always available for her family, instilling in her daughters the same values of hard work and community service that she embodies.

In her personal life, Leslie has a wide array of interests. She is an avid reader with a passion for exploring various genres of literature. Her love for staying active brings her regularly to the YMCA, where she particularly enjoys participating in senior classes that keep her both physically and socially engaged. Leslie also has a competitive side, which she indulges in by playing dominoes and bingo with friends.

Beyond her family and hobbies, Leslie has a deep compassion for animals. She is actively involved with a small dog rescue group and often opens her home to foster several dogs at a time. Her dedication to providing a safe and loving environment for these animals is just another example of her generous spirit and commitment to giving back.

Currently, Leslie serves as the treasurer of AARP North Austin Chapter 2700, a role that perfectly aligns with her professional expertise. Each month, she diligently prepares and presents the financial report, ensuring that the chapter's members have a clear and accurate understanding of where they stand financially. Her reports, which can be viewed both in the attached document Financial Reports or on the AARP Chapter 2700 Home website are a vital resource for the chapter, reflecting her ongoing commitment to transparency and accountability.

Leslie Ashton's life is a shining example of how one can blend professional success with personal fulfillment, all while making significant contributions to the community. Her journey from Florida to Minnesota to Texas has been one of continuous growth and service, and her impact is felt by all who have the privilege of working with her, whether in a professional capacity or in her community endeavors.



80s Movies

В	ı	G	Α	Ν	D	Н	ı	L	Т	Ν	Ε	Υ	Α
Α	J	Υ	R	0	L	G	Ν	0	R	Т	W	Χ	Т
Т	Е	Н	G	0	0	Ν	1	Ε	S	Ι	W	Ν	F
М	Ν	S	Υ	С	В	Р	В	U	Т	L	Α	0	R
Α	Α	Ν	D	0	В	0	Ε	Ν	R	S	R	0	Α
N	L	Ι	1	С	D	D	Ε	Ε	I	S	G	Т	Ν
U	Р	L	Ε	Υ	Α	S	D	L	Р	D	Α	Α	С
G	R	М	Н	М	S	S	Κ	Α	Ε	1	М	L	Ε
P	I	Ε	Α	J	В	W	Т	L	S	Ν	Ε	Р	S
0	Α	R	R	Т	0	0	Т	S	1	Ε	S	S	0
Τ.	М	G	D	0	0	Ε	С	Α	F	R	Α	С	S
P	R	Ε	D	Α	Т	0	R	S	Р	L	Α	S	Н

AIRPLANE	GANDHI	SILKWOOD
AMADEUS	GLORY	SPLASH
BATMAN	GOONIES	STRIPES
BIG	GREMLINS	TAPS
BODY HEAT	PLATOON	TOOTSIE
COCOON	PREDATOR	TOP GUN
DAS BOOT	RAIN MAN	TRON
DIE HARD	RAN	WARGAMES
DINER	REDS	WITNESS
FRANCES	SCARFACE	YENTL

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View solution at PuzzleBooksPlus.com/ws-solution

Seasonedtimes.com offers online and printable free puzzlers for Seniors. Seasonedtimes puzzles



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Karen Denman, Secretary

July Meeting Highlights

The Board meeting was called to order at 11:30 AM. During the session, we confirmed our speakers for the upcoming meetings in August, September, and October. We also reviewed and discussed potential speakers and activities for November and December. Additionally, the board focused on next year's elections and the need for committee reports. The meeting concluded at 12:30 PM.

The general meeting began promptly at 1:00 PM. We were pleased to welcome Jodie Willis, who presented on the topic of "Healthy Living: Brain and Body." Following the engaging presentation, we acknowledged birthdays and anniversaries and enjoyed a delicious lunch together.

The Treasurer reported a \$75.00 expenditure for rent, with a current balance is \$2,378.98 as of July 31st. Please note we will start accepting dues for 2025 in Octobers. The 2025 dues for 2025 are \$15.00. Membership attendance for the meeting was 48, and we now have a total of 111 members.

Exciting travel trips to Alaska and Michigan are scheduled, with future travel possibilities including New York City. We also received updates from the Nominations, Community Service, and Legislative committees. Efforts to improve our website are underway.

The meeting was adjourned at 2:35 PM.

We look forward to seeing you at our next gathering!

- **August Meeting Highlights
- **Board and General Meeting Summary**

The Board meeting was called to order at 11:30 AM. During the session, we confirmed speakers for our upcoming meetings in August, September, and October, and discussed potential speakers and activities for November and December. The board also reviewed preparations for next year's elections and stressed the importance of receiving committee reports. The meeting adjourned at 12:30 PM.

The general meeting started promptly at 1:00 PM. Unfortunately, our scheduled speaker was unable to attend due to a family emergency.

After the meeting, we celebrated members' birthdays and anniversaries and enjoyed a delicious lunch together. The Treasurer reported a rent expense of \$75.00, leaving our current balance at \$2,378.98 as of July 31st. Please remember that dues for October will be \$15.00.

Forty-eight members attended the meeting, bringing our total membership to 111.

Important Links

AARP Nomination Form

Membership Form

Upcoming meetings

Financial Report

AARP Labor Day Membership Special



Members can:

- save up to 15% at restaurants
- play over 30 members-only online games
- save up to 30% on car rental
- choose a FREE job skills course and get special discounts on courses offered by MindEdge Learning
- earn 4% in points/cash value on gas
- earn 50% bonus in AARP Rewards points**

Join Today

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Chapter 2700

Elective Board Members

President Walter Donnelly wdonnelly@austin.rr.com

Secretary Karen Anne Denman karenannedenman4505@yahoo.com

Vice President David Barrera dbarrera14@austin.rr.com

Treasurer Leslie Ashton lashton@austin.rr.com

At-Large Board Members

- Maria Barrera
 - Connie M. Acosta
 - Waldine Hernandez
- Leonard Gonzales
 - Joe Ramirez